

2026 TIMETABLE

MONDAY	STUDIO 1
4:15 - 5:00	MJ6
5:00 - 6:00	LEVEL 3 ACRO (Aerial Class)
6:00 - 7:00	SENIOR LYRICAL (Sub Elem & Above)
7:00 - 7:45	SENIOR HIP HOP 16yrs +
7:45 - 8:30	INTERMEDIATE BALLET

TUESDAY	STUDIO 1
4:00 - 4:45	MINI'S JAZZ/TAP (5 - 7 years)
4:45 - 5:30	JUNIOR JAZZ (MJ1, MJ2 / 8-10 years)
5:30 - 6:15	MJ9 (E)
6:15 - 7:00	TAP 7 (SENIOR)
7:00 - 8:00	SENIOR JAZZ
8:00 - 8:30	SENIOR TROUPE

WEDNESDAY	STUDIO 1
4:00 - 4:45	GRADE 2 BALLET
4:45 - 5:30	INTERMEDIATE JAZZ (MJ1 & 2 / 12 years)
5:30 - 6:15	GRADE. 5 BALLET
6:15 - 7:00	TEEN JAZZ (MJ4, MJ6 / 16YRS & under)
7:00- 7:30	TEEN TROUPE 14/16 yrs
7:30 - 8:30	ADULT JAZZ (OVER 25YRS)

THURSDAY	STUDIO 1
4:00 - 4:45	JUNIOR/ INTERMEDIATE LYRICAL
4:45 - 5:30	JUNIOR / INTERMEDIATE HIP HOP
5:30 - 6:15	TEEN HIP HOP
6:15 - 7:15	TEEN LYRICAL
7:15 - 8:15	ADULT TAP

FRIDAY	STUDIO 1
4:30 - 5:30	EXTENSION CLASS / TECHNIQUE, STRETCH & CONDITIONING

SATURDAY	STUDIO 1
9:45 - 10:45	MINI'S JAZZ/TAP (5 - 7 years)
10:45 - 11:30	LEVEL 1 ACRO
11:30 - 12:15	P MJ / JMJ + TROUPE CLASS
12:15 - 1:00	TAP 2
1:00 - 1:45	MJ4
1:45 - 2:30	MUSICAL THEATRE
2:30 - 3:30	LEVEL 2 ACRO
3:30 - 4:15	TAP 6
4:15 - 5:00	ELEMENTARY BALLET

MONDAY	STUDIO 1

TUESDAY	STUDIO 2
4:45 - 5:30	MINIS BALLET
5:30 - 6:15	GRADE 1 BALLET

WEDNESDAY	STUDIO 2
5:30 - 6:15	GRADE 4 BALLET

THURSDAY	STUDIO 2
4:45 - 5:30	ELEMENTARY BALLET
5:30 - 6:15	GRADE 3 BALLET

SATURDAY	STUDIO 2
10:15 - 10:45	FOUNDATION & JUNIOR TAP
11:30 - 12:15	MJ1
2:15 - 1:00	TAP 1
1:00 - 1:45	MJ2 + 12 yrs Troupe
1:45 - 2:30	INTERMEDIATE BALLET
2:30 - 3:15	MJ7 (E)
3:30 - 4:15	TAP 4

PLEASE NOTE

CLASSES ARE SUBJECT TO CHANGE.

ACRO CLASSES

STUDENTS WILL BE EVALUATED AND PUT INTO APPROPRIATE CLASSES DEPENDING ON SKILL LEVEL. WE SUGGEST NEW STUDENTS ENROL IN LEVEL 1 ACRO AND THEN AFTER ASSESSMENT, TEACHERS WILL PLACE STUDENTS IN CORRECT CLASS FOR ABILITY. SAFETY AND CARE IS MOST IMPORTANT SO CLASSES ARE NOT BASED ON AGE BUT ABILITY OF TRICKS.

LYRICAL CLASSES

LYRICAL IS VERY STRONGLY BASED ON CLASSICAL BALLET TECHNIQUE. STUDENTS ARE STRONGLY RECOMMENDED TO TAKE BALLET CLASS TO HELP UNDERSTAND THE TECHNIQUE

TROUPE CLASSES

STUDENTS CAN PARTICIPATE IN TROUPE CLASSES BUT TO BE PART OF THE TROUPE PERFORMANCES, STUDENTS MUST ALSO ENROL IN AN EXAM CLASS AND A JAZZ CLASS FOR ALL TROUPES 16YRS AND UNDER. STUDENTS MUST ALSO BE CONSISTANT ATTENDING CLASSES.

EXTENSION CLASS

THIS IS A NEW CLASS BEING OFFERED THIS YEAR TO EXTEND THE MORE DEDICATED AND KEEN DANCERS WITH THEIR TECHNIQUE. THIS WEEKLY CLASS WILL BE FOCUSED ON TECHNIQUE, STRETCH AND CONDITIONING WITH THE ADDITION OF ENHANCING THEIR PERFORMANCE SKILLS.

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